LUNCH

OCTOBER 2026

MONTESSORI SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Sandwich Italian Wrap 1each / 3 Bean Salad 2oz Broccoli 4oz / Ranch Pineapple Cup 4.5oz 1% Choc Milk 8oz	2 Pizza Cruncher 4each Sauteed Spinach 4oz PC Marinara Cup 2.5oz Fresh Apple 1% Milk 8oz
5 Beef Crumbles 3oz Corn 4oz / Black Beans 2oz Shredded Cheese .5oz Salsa 3oz WG Tortilla Chips 1oz 1ea Mixed Fruit Cup 4.5oz 1% Milk 8oz	6 Beef Frank 2oz Ketchup/ Tater Tots 4oz Baked Beans 4oz WG Hot Dog Roll 2oz Applesauce Cup 4oz 1% Choc Milk 8oz	7 Chicken Patty 3.19oz Ketchup / Broccoli 4oz Krinkle Cut Fries 4oz Hamburger Roll 2oz Fresh Orange 1% Milk 8oz	8 Chicken Salad 4oz Celery Sticks 6 each Hummus Cup 2oz Croissant 2.25oz Pear Cup 4.5oz 1% Milk 8oz	9 Pizza 4.56oz 1 each Carrot 4oz Vegetable Fruit Juice 4oz Peach Cup 4.5oz 1% Milk
12 Grilled Cheese 1each Broccoli 4oz Krinkle Cut Fries 4oz Tomato Soup 4oz Pear Cup 4.5oz 1% Milk 8oz	13 Beef Pattie 2.5oz Ketchup / Green Peas 2oz Sweet Potato Bites 4oz WG Hamburger 2oz Mixed Fruit Cup 4.5oz 1% Choc Milk 8oz	14 Shredded BBQ Chicken 3.75oz Shredded Cheese .5oz Carrot 2oz/Collard Greens 4oz WG Hot Dog Roll 2oz Pineapple Cup 4.5oz 1% Milk 8oz	15 Turkey Ham & Cheese Sub 2oz Cauliflower Florets 4oz Baby Carrot 2oz / Ranch Fresh Pear 1% Choc Milk 8oz	16 Chicken & Cheese Empanada 5oz Black Beans 4oz Corn 2oz Mandarin Cup 4.5oz 1% Milk 8oz
19 Chicken Dumpling 5 each Teriyaki Sauce 2oz Edamame 2oz Broccoli 4oz Peach Cup 4.5oz 1% Milk 8oz	20 Turkey Taco 3.45oz Pinto Beans 4oz Salsa 3oz Tortilla 1 each Pineapple Cup 4.5oz 1% Choc Milk 8oz	21 Fish Sticks 4each/ Ketchup Sweet Potato Bites 4oz Lima Beans 4oz WG Cornbread Poppers 3 each Mixed Fruit Cup 4.5oz 1% Milk 8oz	22 Tuna Salad 4oz Baby Carrot 2oz Hummus Cup 2oz Vegetable Fruit Juice 4oz Hamburger Roll 2oz Mandarin Cup 4.5oz 1% Choc Milk 8oz	23 WG Pizza Quesadilla 4.38oz String Beans 4oz PC Marinara Cup 2.5oz Fresh Orange 1% Milk 8oz
26 Crunchy Pollock Square 4oz & Tartar Sauce Carrots 4oz/Tater Tote 4oz Hamburger Roll 2oz Mixed Fruit Cup 4.5oz 1% Milk 8oz	27 Ranch Chicken Snack Wrap 3 each / Baked Beans 4oz Broccoli 4oz Peach Cup 4.5oz WG Tortilla 1 each 1% Choc Milk 8oz	28 Beef/Chicken Meatballs 5each Tomato Sauce ¼ Cup String Beans 4oz WG Rotini Pasta 4oz WG Garlic Texas Toast 1each Mandarin Cup 4.5oz 1% Milk 8oz	29 Sandwich Italian Wrap 1each / 3 Bean Salad 2oz Broccoli 4oz / Ranch Pineapple Cup 4.5oz 1% Choc Milk 8oz	30 Pizza Cruncher 4each Sauteed Spinach 4oz PC Marinara Cup 2.5oz Fresh Apple 1% Milk 8oz