

A Note From the Nurse

October 2020

Hello Montessori Families!

I wanted to take a few minutes to remind everyone of the protocols we have put in place to keep our school community healthy and safe during this pandemic.

- If anyone in your household is experiencing a fever or COVID-19 symptoms, please keep your child(ren) home from school until the household is free from illness for at least 10 days.
- If there is a COVID-19 positive person in the home, please keep the child(ren) home until the child has been cleared to return to school by the public health department (DPH). You will receive a letter from DPH stating a date that the quarantine period ends. Please note that this is the last day of quarantine, not the date that the student may return to school. Please reach out to me to let me know that there is a case in your home.
- If your child(ren) has a fever (temperature 100 degrees or higher) please keep them home from school. You must send in a note for them to be excused for this absence. Children may return to school after they have been fever free without fever reducing medication for 48 hours.
- If your child(ren) has had vomiting and/or diarrhea, they may not return to school until 24 hours from their last episode of vomiting or diarrhea has passed. You must send in a note for them to be excused for this absence.
- The Delaware Division of Public Health has issued the following precautions:
 1. Stay home when you are sick, except to get medical care
 2. Wear a face mask and practice social distancing
 3. Cover your cough and sneeze with tissues, or cough or sneeze into your inner elbow
 4. Practice good hand hygiene, wash with soap and water regularly or use alcohol based hand sanitizer
 5. Avoid touching your face, especially your eyes, nose and mouth
 6. Clean and disinfect frequently touched surfaces and objects
 7. Also, please get your flu shot this year, this is especially important as we continue to navigate this pandemic

For more information on where to get your flu shot, visit: flu.delaware.gov

As we get ready to enter the holiday season, please remember to avoid indoor gatherings of 10 people or more.

Our priority is to keep our school community safe and our children in school, with your help, we can do this.

Thank you for your continued support during this challenging time. I know that these are challenging times and its exhausting to navigate this new world. As a community, we will get through this and we will be stronger when we reach the other side.

Jennifer Passwaters, BSN, RN